

TAKE  
— and —  
MAKE

# MOSQUITO ITCH STICK

*Use this homemade balm to ease itchy mosquito bites!*

Materials:

Balm tubes or similar containers

1 teaspoon beeswax pellets

5-10 drops essential oils

1 teaspoon shea butter

3/4 teaspoon coconut oil



Directions:

1. Pour beeswax, shea butter, and coconut oil into a stovetop pan or pot.
2. Over low heat, melt ingredients until they form a liquid, stirring constantly.
3. Remove from heat and stir in essential oils.
4. Pour into balm tubes and seal. Allow to harden for several hours.

Enjoy!