

Teen TAKE & MAKE CRAFT KIT

Final Exam Stress Balls

Supplies Needed:

- 2 Balloons
- Funnel (You Can Make One By Rolling Up Paper)
- Water Beads



Directions:

Make your water beads....

Put the dried beads in a big bowl. Add 5 cups of water. Allow beads to soak for 6-10 hours (overnight works best). When they're done, drain the extra water using a strainer.

Now for the stress ball....

Using the funnel, fill the first balloon with your Water Beads. Tie balloon. Take second balloon and stretch it so the first balloon fits inside. Make sure the first balloon's tie is hidden. The second balloon is there to make a second skin for your stress ball. On the second balloon, cut off any excess rubber from the tie area.

And you're done! Relax and enjoy your new stress ball!

Good luck on finals! You'll do great!

**Take photos of your finished projects and post them on social media!
Remember to tag the library in them! #OrlandParkLibrary**