

TEEN TAKE & MAKE CRAFT KIT

Rainbow Friendship Bracelets



Supplies

Embroidery floss in a rainbow of colors
A safety pin, clipboard or masking tape
A pair of scissors
A ruler or measuring tape

Directions:

Cut each string to be about 36" long. Tie them together with an overhand knot. Use masking tape or a clipboard to secure the top of strings to a flat surface while you make the bracelet.

Separate and arrange your strings. To make understanding this pattern easier, I'm starting with 4 strings (you'll have 6) and for our example let's label the strings A-D from left to right. (You will have a E and F string too.) In my pictures, A is light blue, B is light green, C is dark green, D is dark blue.

Step 1: Take string A and make a forward knot on string B. After you complete the knot, string A will move one position to the right. The new order will be BACD.

Step 2: Continuing with string A, make a forward knot on string C. After you complete the knot, string A will move one position to the right. The new order will be BCAD.

Step 3: Continuing with string A, make a forward knot on string D. After you complete the knot, string A will move one position to the right. The new order will be BCDA.

Well done! You've complete the first row!

Repeat the same process with the B strand, which is now the left-most string. (In this example, string B is light green.) Following the pattern, tie forward knots on each strand of the bracelet — first C, then D, then A. At the end of this row, the B string will be on the right-hand side. Then repeat with string C and string D.

Continue the pattern until the bracelet is as long as desired.

