

## Supplies:

String

Beads

Keychain or Bracelet Hooks

## Instructions:

1. Fold your string in half and tie a knot to make a loop. (If making a bracelet, add one hook to your string before tying the knot. The hook should be in the middle of your loop and the knot should hold it up there. If making a keychain, add the keychain hook to your loop.)
2. Thread a bead onto one of the strings.
3. Take the other string and thread it through the other side of the bead. (Don't thread it straight through in the same direction of the first string. You should see a loop as you thread it through the opposite side of the bead).
4. Push the bead all the way up. Thread another bead onto a string. Thread the other string through the other side of the bead (the same way you did in step 3).
5. Repeat with as many beads as you'd like. (8-9 beads are usually the perfect amount.)
6. When you have all your beads, push them all to the top.
7. Leave some room (a few inches) and tie a knot at the bottom.
8. Add the second bracelet hook if making a bracelet.

Enjoy your fidget!

