

TAKE — and — MAKE

GREEN TEA SUGAR SCRUB

Materials:

- 2 green tea bags
- 1 cup brown sugar
- 1/4 cup coconut oil
- Jar
- 1/2 cup hot water



Directions:

1. Add the tea bags to hot water and let steep until completely cool.
2. Mix brown sugar and coconut oil in a bowl.
3. Add cooled tea to the mixture and mix together.
4. Pour into jar. To use, rub into skin of arms, legs, hands, or feet, then gently rinse.

Enjoy!